

Parent / Carer Bulletin



Care • Inspire • Succeed

Week Commencing 26th September 2022

Headteacher's Update

Dear parent/carers

Another busy week!

It has been really encouraging to see how many students want to take part in the extra-curricular programme this year and well done to all those who have turned up to clubs.

In lessons this month we have been asking teachers to ensure that high standards of presentation are established and maintained. The link between well-presented and completed exercise books and effective revision is clear. This does somewhat rely on students having the correct equipment, including a ruler, so please make sure that morning checks are done. If, however, a student needs something they just need to ask in lessons.

It seems odd but we have already started our open mornings and next week, we have our Open Evening. All of the primary schools have been informed but if you know of parents at schools not in catchment please do direct them to the website where they can find all the information.

The Open Evening on Thursday 29th September is then followed by an **INSET** day on Friday 30th September where students should not attend school.

Mr Farrer

WEEK B	CALENDAR
Monday 26 th September	
Tuesday 27 th September	<ul style="list-style-type: none">• Y9 Parents Evening (Online)
Wednesday 28 th September	
Thursday 29 th September	<ul style="list-style-type: none">• Open Evening (see website for details)
Friday 30 th September	<ul style="list-style-type: none">• INSET DAY – SCHOOL CLOSED
Saturday 1 st October	<ul style="list-style-type: none">• Uniform Sale in Trinity Hall – 8:30am – 10:30am*

***Donations still being accepted, with grateful thanks.**

Reporting a Student Absence: 01225 309501 or Email: attendance@st-laurence.com

Collective Worship

God, please help us, whether we have faith or no faith, to..

- Be still in our busy day
- Connect with our school's Christian vision and values
- Consider the concept of virtues
- Take an opportunity for prayer or reflection

Care - Inspire - Succeed



TRAFFIC CONTROL - Polite reminder

Dear Parent / Carer,

Please can we ask that you remain vigilant and adhere to traffic signs when coming to the school site. We have 1400 young people and almost 200 staff attend the site every day. This will of course cause some traffic congestion in and around the school. Recently outside of the school a parent drove through a red light crossing whilst students were on the crossing, this would obviously be reported to the police. Please remember the following rules whilst on the school site:

- Do not park in school spaces whilst dropping students off
- Do not drive to the bottom car park to drop students off unless legitimately using a disabled access space
- Do not exceed 5mph whilst on site
- Roll and drop using the top Ashley Road car park – do not sit and park for 15 mins
- Do not park at Wiltshire Music Centre if visiting school
- Supervise your child's exit from the car to ensure they are safe
- Always be mindful of young people around your car
- Follow the one-way system and roundabout direction

Thank you for your support.

Ms Lumb, Director of Finance and Operations

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We would like to remind of a service available to parents and carers of students who attend St Laurence School.

The Hub, located in Bradford on Avon, offer many services including a food bank.

If you would like to receive a food box you can either contact The Hub directly to collect a box.

Alternatively, you can contact your child's Head of House, see list below.

The Hub is located in Church Street, Bradford on Avon, BA15 1LS, their telephone number is 01225 920748 or you can contact them via email at:

boacommunityhub@gmail.com

As well as food boxes they also offer advice on debt, benefits, tax credits and housing as well as counselling services.

Please contact your child's Head of House if you require any further information on this service:

Mr Garty - Head of Conigre House – camgar@st-laurence.com

Mrs Whittle – Head of Ashley House – holwhi@st-laurence.com

Mrs Kendall – Head of Budbury House – chaken@st-laurence.com

Mr Oaten – Head of Westfield House - benoat@st-laurence.com

Mr Daniels - Head of Huntingdon House - THODAN@st-laurence.com

From: Mrs Howsam – Outdoor Education Coordinator

Year 10 Bronze DofE

Letters, programme planners and enrolment forms for the **Bronze Duke of Edinburgh's Award** are available to be collected from Student Reception from Monday 26th September.

The deadline for Bronze DofE applications to be returned to Student Reception is **Friday 14th October**.

Year 7 Activity Days

The deadline for the return of the forms and payment ended on Friday 23rd September.

For those that have returned the forms can we ask that outstanding payments are made as soon as possible please.

From: Mrs Barber – Assistant Headteacher and Online Safety Lead

Talking to Teens about Cyberbullying

Having an honest relationship with your child is the first step in being able to tackle cyberbullying. Talk to them regularly about their digital lives, just as you would their offline lives. To teens, online and offline are often one and the same. Try to bring digital experiences up into normal, everyday conversations. You could talk to them about any prominent cases of cyberbullying in the media and any trending apps or platforms as a starting point to discuss the issue.

Talk to them about the potential consequences of what they say and do online, along with the permanence of the web; once it's out there, it's very difficult to remove content. It's important to help them to understand that their behaviour in online environments should reflect their behaviour offline.

Dealing with cyberbullying:

1. Listen to what they have to say and make sure they know you are taking it seriously
2. Help them feel empowered and supported to deal with the situation
3. Collect evidence by taking screenshots, recording the date and time of the abuse. If the comments are racist, sexist, of a sexual nature or constitute a hate crime, you should consider contacting the police
4. Together assess how serious the cyberbullying is by the impact it has had on your child and discuss the support they need
5. Report and block the perpetrator to the site – National Online Safety has guides to do this
6. Talk to the House team for further support in school

If your child is the perpetrator, help them understand the impact of their actions, what to do to deal with consequences and change their behaviour. It's also important to show you understand why they are behaving in such a way.

Warning signs there could be a problem (not exhaustive list):

- Aggressive behaviour
- Self-isolation
- Lack of appetite
- Hesitancy to go to school
- Over consumption of the internet and online games
- Sudden behavioural changes
- Visible signs of self-harm

For further support, the following websites can help:

[The Internet's Safe Space: confidential advice and support for 12-25 on mental health, sexuality, bullying, relationships \(ditchthelabel.org\)](https://ditchthelabel.org/)

[Childline | Childline](https://www.childline.gov.uk/)

[Parents Mental Health Support | Advice for Your Child | YoungMinds](https://www.parentsmentalhealth.org.uk/)

SPORTS NEWS:

PE fixtures week commencing 26th September:

Monday 26th September - Y9 County Cup Football Vs Lydiard Park Academy (Away)

Tuesday 27th September - Rugby vs Kingdown - Y11 (Away) - County league

Tuesday 27th September - Y10 Rugby vs Monkton (Home) 2.00PM KO - NATIONAL CUP

Wednesday 28th September - Y9 rugby vs Clarendon (Away) - JCR

Wednesday 28th September - Y7 rugby vs Clarendon (Home)

Wednesday 28th September - Y10 rugby vs Devizes (Away)

WILTSHIRE YOUTH CHOIR

REPRESENT YOUTH VOICE ACROSS THE COUNTY

Welcoming confident young singers aged 11–18 who want to sing together in a friendly, supportive space and develop their voice through incredible learning and performance opportunities.

Join us for our free launch session to start the year!

- Meet the choir leaders and other singers
- Find out more about our exciting plans for this year
- Take part in an informal audition
- Explore a wide range of repertoire



FREE



**SAT 1 OCT 2PM - 5PM
LAUNCH SESSION @ WMC**

FIND OUT MORE & SIGN UP: wiltshiremusic.org.uk/WYC

creativelearning@wiltshiremusic.org.uk / 01225 860 100

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BRADFORD ON AVON

Reporting a Student Absence: 01225 309501 or Email: attendance@st-laurence.com

Week commencing 26th September

SUMMER MENU – WEEK 1

SIDE DISHES: A seasonal selection of fresh vegetables and potatoes.
**Homemade soup of the day personalised with a selection of toppings.*
***Jackets available "naked" or "rubbed" with a choice of chilli oil, garlic oil or Indian spice.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Cumberland Sausages and Mash Sausages with Gravy and Seasonal Vegetables	Chilli Con Carne With Rice and Seasonal Vegetables	Hand Carved Roast Turkey with Roast Potatoes and Seasonal Vegetables Homemade Gravy	Homemade Beef Burger A seasoned Beef Pattie served with Homemade Baked Wedges and Salad	Crispy Baked Fillet of Fish Flaky Fish Fillet served with Oven Baked Fries and Baked Beans
MAIN COURSE (MEAT FREE)				
Vegetarian Sausage and Mash With Gravy and Seasonal Vegetables	Vegetable Chilli con Carne With Rice and Seasonal Vegetables	Cauliflower & Broccoli Cheese e With Roast Potatoes and Seasonal Vegetables	Vegetable Burger A seasoned Vegetable Burger served with Home Baked Wedges & Salad	Cheese & Tomato Tart Cheese & Tomato Baked in a Crunchy Shortcrust Pastry Case & Tossed Salad
TUBS & BOWLS				
Meatball Pasta Pot Pasta in a Tomato sauce served with Spicy Italian Meatballs	Chicken or Vegetable Noshi Noodles	Tomato & Basil Pasta Pot Pasta Spirals Bound in a Rich Tomato Sauce with Torn Fresh Basil Leaves	BBQ Chicken Pasta Pot Chicken in a BBQ sauce served with Penne Pasta	Penne Arrabiata Topped with Cheddar Cheese & served with Garlic Bread
HAND HELD				
Cheese & Tomato French Bread Pizza	Jumbo Hotdog	Chicken Curry Flatbread with Rice	Veggie Supreme Pizza	Piri Piri Chicken Wrap



Week commencing 3rd October

WEEK 2 Menu

SIDE DISHES: A seasonal selection of fresh vegetables and potatoes.
**Homemade soup of the day personalised with a selection of toppings.
 **Tackets available "naked" or "rubbed" with a choice of chilli oil, garlic oil or Indian spice.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Savoury Mince Beef Lasagne with Fresh Salad & Garlic Bread	Toad in the Hole Premium Sausages in a Crispy Batter with Potatoes and Broccoli	Hand Carved Honey Roast Ham with Roast Potatoes, Seasonal Vegetables & Gravy	Tandoori Chicken A Lightly Spiced Chicken Curry served with Turmeric Infused Rice	Crispy Fillet of fish served with Oven Baked Fries and Peas
MAIN COURSE (MEAT FREE)				
Savoury Vegetable Lasagne with Fresh Salad & Garlic Bread	Cheese & BBQ Bean Bake with Creamy Mashed Potato and Broccoli	Vegetable Chow Mein Egg Noodles & Chinese Vegetables served with Black Bean Sauce	Vegetarian Tandoori A Lightly Spiced Vegetable Curry served with Turmeric Infused Rice	Penne Provençal Penne Pasta in a Rich Tomato Sauce Topped with Grated Mature Cheddar Cheese & served with Garlic Bread
TUBS & BOWLS				
Chicken Katsu Curry Crumbed Chicken with a Japanese Curry Sauce with Fragrant Rice	Pasta Carbonara Pasta Spirals bound in a Cheesy Sauce & Topped with or without Crispy Bacon Pieces	Chicken Chow Mein Chicken, Egg Noodles & Chinese Vegetables served with Black Bean Sauce	Pork Tagine Moroccan Spiced Pork served with a Vegetable Couscous	Meatball Penne Provençal Penne Pasta in a Rich Tomato Sauce served with Spicy Pork Meatballs & Garlic Bread
HAND HELD				
Mushroom & Pepper French Bread Pizza	Mexican Chilli Beef Taco with Tomato Salsa	Jumbo Hotdog with Cheese	Three Cheese Pizza Supreme	Chinese Kaathi in a Folded Naan Bread



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Week commencing 10th October

WEEK 3 Menu

SIDE DISHES: A seasonal selection of fresh vegetables and potatoes.
**Homemade soup of the day personalised with a selection of toppings.*
***Jackets available "naked" or "rubbed" with a choice of chilli oil, garlic oil or Indian spice.*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Pasta Bolognese Savoury Mince Beef Pasta with Garden Salad or Steamed Broccoli	Chicken and Leek Pie Creamy Chicken & Leek Pie Topped with Shortcrust Pastry, Jacket Wedges & Seasonal Vegetables	Hand Carved Roast Turkey with Roast Potatoes and Seasonal Vegetables Homemade Gravy	Chicken Tikka Masala Curry A Lightly Spiced Chicken Curry served with Turmeric Infused Rice & Poppadum	Crispy Fried Fillet of Fish Flaky Fish Fillet served with Oven Baked Fries and Baked Beans
MAIN COURSE (MEAT FREE)				
Vegetable Pasta Bolognese Pasta Spirals in a rich Italian Sauce with Garden Salad or Steamed Broccoli	Mushroom and Sweetcorn Calzone A folded pizza filled with Mushroom, Sweetcorn & Mozzarella with Wedges	Roasted Quorn Fillet with Roast Potatoes and Seasonal Vegetables Homemade Gravy	Vegetable Masala Curry A Lightly Spiced Vegetable Curry with Turmeric Infused Rice	Spicy Veggie Supreme Pizza With Oven Baked Fries and Peas
TUBS & BOWLS				
Jamaican Chicken Jamaican Spiced Chicken & traditionally served with rice & peas	Fiery Pasta Spirals Pasta Spirals bound in a Spicy Tomato Sauce with Grated Cheese & Garlic Bread	Macaroni Cheese Bake Mixed Vegetables and Pasta bound in a Cheese sauce served with Garlic Bread	Singapore Rice Noodles Stir-Fried Vermicelli, Vegetables & Seasoned with Curry Powder	Nacho Beef Chilli Mexican Spiced Beef with Nachos served with Jalapenos & Sour Cream
HAND HELD				
Naan Bread Pizza With Sweetcorn & Mushroom	Pulled Pork Bap Homemade Pulled Pork with Crispy Coleslaw served in a Toasted Bap	Southern Style Chicken Bap Southern Spiced Coated in a Bap with Tossed Salad	Jumbo Hotdog With Cheese and Bacon	Cajun Salmon Wrap Cajun Spiced Flaked Salmon pieces with Mixed Salad & folded in a flour Tortilla



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The Bradford on Avon Air Cadet Squadron are recruiting both Air Cadets and civilian volunteers. To find your local squadron visit their website:

www.raf.mod.uk/aircadets

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Join us as a cadet -
we have some fantastic opportunities for you.

Join the ultimate air and space youth organisation as an air cadet where you can make new friends, have fun, learn new skills and challenge yourself.

You will get the chance to do many activities, including flying and gliding, and visits to RAF stations.

You can take part in a wide range of activities, including hill-walking, kayaking, Duke of Edinburgh's Award, target shooting, expeditions, sport, music, parades and much, much more.

We are a progressive and inclusive youth organisation with a growing number of support groups for everyone; including those who do or do not follow a faith, sexual orientation, gender identity, mental health, well-being and an awesome network of cadets and adult volunteers to help you - some may become lifelong friends!

What are you waiting for? You are a click away from joining one of the world's leading youth organisations.

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RAMP ANTICS

2022

- * Raffle *
- * Prize Giveaways *
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SATURDAY 1ST OCTOBER
FITZMAURICE PRIMARY SCHOOL
BRADFORD ON AVON - BA15 1LE **3PM-6PM**

EVENT IS WEATHER DEPENDENT SO KEEP AN EYE OUT ON SOCIAL MEDIA FOR UPDATES

ALL AGES & ABILITIES WELCOME supported by

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16 & UNDER MUST PRESENT A SIGNED CONSENT FORM.
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