

SUMMER MENU – WEEK 3

For weeks commencing: 9th May; 6th June; 27th June; 18th July

SIDE DISHES: A seasonal selection of fresh vegetables and potatoes.
**Homemade soup of the day personalised with a selection of toppings.*
***Jackets available “naked” or “rubbed” with a choice of chilli oil, garlic oil or Indian spice.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Pasta Bolognaise Savoury Mince Beef Pasta with Garden Salad or Steamed Broccoli	Chicken and Leek Pie Creamy Chicken & Leek Pie Topped with Shortcrust Pastry, Jacket Wedges & Seasonal Vegetables	Hand Carved Roast Turkey with Roast Potatoes and Seasonal Vegetables Homemade Gravy	Chicken Tikka Masala Curry A Lightly Spiced Chicken Curry served with Turmeric Infused Rice & Poppadum	Crispy Fried Fillet of Fish Flaky Fish Fillet served with Oven Baked Fries and Baked Beans
MAIN COURSE (MEAT FREE)				
Vegetable Pasta Bolognaise Pasta Spirals in a rich Italian Sauce with Garden Salad or Steamed Broccoli	Mushroom and Sweetcorn Calzone A folded pizza filled with Mushroom, Sweetcorn & Mozzarella with Wedges	Roasted Quorn Fillet with Roast Potatoes and Seasonal Vegetables Homemade Gravy	Vegetable Masala Curry A Lightly Spiced Vegetable Curry with Turmeric Infused Rice	Spicy Veggie Supreme Pizza With Oven Baked Fries and Peas
TUBS & BOWLS				
Jamaican Chicken Jamaican Spiced Chicken & traditionally served with rice & peas	Fiery Pasta Spirals Pasta Spirals bound in a Spicy Tomato Sauce with Grated Cheese & Garlic Bread	Macaroni Cheese Bake Mixed Vegetables and Pasta bound in a Cheese sauce served with Garlic Bread	Singapore Rice Noodles Stir-Fried Vermicelli, Vegetables & Seasoned with Curry Powder	Nacho Beef Chilli Mexican Spiced Beef with Nachos served with Jalapenos & Sour Cream
HAND HELD				
Naan Bread Pizza With Sweetcorn & Mushroom	Pulled Pork Bap Homemade Pulled Pork with Crispy Coleslaw served in a Toasted Bap	Southern Style Chicken Bap Southern Spiced Coated in a Bap with Tossed Salad	Jumbo Hotdog With Cheese and Bacon	Cajun Salmon Wrap Cajun Spiced Flaked Salmon pieces with Mixed Salad & folded in a flour Tortilla