

2022 DofE Disclosure of Risk

Wildcountry Consultants asks you to read the following. It may have a bearing on your safety, & that of others that are involved in activities with you.

Wildcountry Consultants have legal and regulatory obligations to provide a duty-of-care to all participants in any of our outdoors activities. As you would expect we take all reasonable steps to provide the level of care & assurances of safety that are appropriate to each of the activities. You should though be aware that there would always be certain risks that are inherent to outdoor activities. It is not possible to eliminate these risks without destroying the character & experience of each activity.

The level of real, as opposed to perceived risk associated with the activities is very low. However, the types of risk may be something with which you are not ordinarily familiar. For avoidance of uncertainty, **environments and situations that you may encounter include:**

- **Rough / rugged terrain:** this may cause you to experience greater than usual strain on joints & muscles
- **Physical effort:** our activities may involve you in a greater level of exertion than in your usual day-to-day environment.
- **Height & water:** whilst appropriate safety precautions are taken, some people can find situations at height or on water to be stressful.
- **Natural environment:** most likely to be a rapid & significant change in the weather or unstable/slippery conditions underfoot, but can also include rock falls, lightening etc.
- **Slips & trips:** the most common cause of accident throughout society, the opportunity for slips, trips & falls is likely to be greater than that which you usually experience.
- **Loss or damage:** the environments and activities that you choose to experience may increase the potential for loss of or damage to your personal clothing or equipment.

As well as Wildcountry consultants part in ensuring as safe an environment as possible for each activity, participants also have a responsibility for safety. **Your responsibilities are as follows:**

- **Medical:** please make us aware of medical condition(s) or injuries, past or present, which may affect or make ill advised your participation in any activity. We can then agree with you whether or not you should participate.
- **Psychological:** please make us aware of any anxiety, behavioural issues or learning difficulties that the participant has
- **CV19:** If the individual participating has, in the 14 days prior to the expedition, displayed any of the symptoms relating to CV19 infection or been in contact with anyone who has tested positive, then they must not attend the expedition. Wildcountry Consultants can accept no responsibility or claim arising from

anyone who after attending an expedition tests positive, or suffers from CV19

- **Fears & phobias:** before commencing any activity, please ensure that we are aware if you have any major concerns, fears or phobias about the situation(s) in which you are choosing to place yourself. We will work with you to help ease your feelings of discomfort/apprehension/fear, & ensure that you are as comfortable as possible.
- **Drugs & alcohol:** it is potentially highly dangerous to participate in any activity whilst under the influence of drugs or alcohol. Wildcountry consultants reserve the right to prevent any person participating in any activity, should we suspect that they may be under the influence of drugs or alcohol.
- **Instruction:** you must accept & act upon all direction & instruction from our instructors.
- **Taking part in a DofE program** does not guarantee that the participant will gain the award, it is incumbent upon the individual to arrive appropriately prepared for the environment and with the right attitude towards their own and others safety. Wildcountry Consultants cannot be held responsible for any individuals who do not meet the standards outlined in the DofE;'s 20 conditions of the award or fail to complete the expedition due to attitude, fitness or injury.
- If we are presented with participants who clearly exhibit signs of physical injury or ability, high anxiety, behavioural issues or learning difficulties that we have not been made aware of before the expedition starts we will raise the matter with the Responsible Adult from the school and after discussion may not allow the participant to continue if we deem the terrain, route they are about to embark upon or the prevailing weather conditions present too high a risk for the individual or team's safety.

We recognise that there may be concerns over GDPR compliance and/or disclosure of private information. We assure you that the information you share regarding the pupils in our care will not appear on our Course Information Pack and will be disseminated verbally, only to those members of staff directly involved, and with the utmost discretion. Needless to say that none of our staff would ever raise such information, directly or indirectly, with the pupils themselves or their peers.

Thank you for taking the time to read & consider this Disclosure of Risk. Prior to commencing your chosen activity/activities, Wildcountry consultants will ask you to acknowledge your acceptance of the disclosed risks by signing below. In doing so you will confirm that you have read & understood the content of the Disclosure of Risk. A parent or guardian must counter-sign for anybody under the age of 18. Signing the Acknowledgement of Risk does not release Wildcountry consultants from any of our obligations towards you, nor does it affect your statutory rights.

Acknowledgement of Risk I hereby confirm that I have read & understood the Disclosure of Risk provided to me by Wildcountry consultants

Signature:

Print:

Date:

Signature of parent or guardian:

Print:

Date:

DofE EXPEDITION MEDICAL FORM					
Surname				Forenames	
Date of birth				Gender	
Address					
EMERGENCY CONTACT INFORMATION					
Name	Address	Home number	Work number	Mobile number	Relationship
MEDICAL INFORMATION					
Please list below any general medical condition we should be aware of, including operations or conditions, especially if they relate to bones or tendons they may have had in the past:					
Please indicate any physical or psychological condition that we should be aware of:					
Is your son/daughter taking any medication or drugs or have they recently come off any medication.					
Please list any allergies and their severity					

<p>Does your son/daughter require an epipen? If so they will need to carry 2 with them on the trip. Please make sure they are within their use by date.</p>			
<p>Date of last Tetanus inoculation:</p>			
<p>Can your son/daughter swim 25 metres in light clothing?</p>			
<p>Do you give permission for a qualified first aider to give your son/daughter basic medication if necessary</p> <p>Yes ----- No -----</p>			
<p>DOCTORS CONTACT DETAILS</p>			
Name		Tele number	
Address			
Parents signature		Date:	
<p>Photographs of groups may occasionally be taken and used on Wildcountry blog site. Please indicate whether you are happy or not for photographs of your son/daughter to be used in this way. Yes/No</p>			

Any additional Notes or information that should be known to the instructor to ensure the safety of the participant.