



## Transgender and Questioning Support

If you are questioning your gender identity, you may feel confused, scared, anxious or upset. A lot of teenagers question themselves as they become young adults and some people may question their gender identity in some way, either temporarily or permanently, so you are not alone.

You should feel reassured that we are an inclusive school and we celebrate the diversity of our community. We are committed to the values of compassion, equity and respect and we do not tolerate prejudice or discrimination.

You may wish to find out more about gender identity and gender dysphoria and we recommend that individuals and their families seek support from organisations that can offer the right kind of advice and guidance. Your GP is a good starting place as they can make referrals to other health services. Below is a list of other organisations that may be able to provide some further information and support or answer questions you may have.

### National Organisations:

- Stonewall: <http://www.stonewall.org.uk/>
- Young Stonewall: <http://www.youngstonewall.org.uk/>
- Gendered Intelligence: [www.genderedintelligence.co.uk](http://www.genderedintelligence.co.uk)
- Mermaids: 0208 1234819 – [info@mermaidsuk.org.uk](mailto:info@mermaidsuk.org.uk) – [www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)
- GIRES: 01372 801554 – [www.gires.org.uk](http://www.gires.org.uk)
- Gender Trust: 01527 894838 – [www.gendertrust.org.uk](http://www.gendertrust.org.uk)
- A safe support group for young people: [www.rucomingout.com](http://www.rucomingout.com)
- Online support for young people: <https://www.kooth.com/>
- Online support for young people and parents/carers: <http://www.onyourmind.org.uk/>

### Local Organisations:

- LGBT support group: <http://lgbtbristol.org.uk/trans/>
- LGBT support group: <http://www.bristol-crossroads.org.uk/>
- Trowbridge LGBT youth support group: Call 07920 450 618 for more info

### LGBT advice

- A safe support group for young people: [www.rucomingout.com](http://www.rucomingout.com)

### General Support:

- Childline: 0800 1111 – <https://www.childline.org.uk/>
- <http://www.saferschools.org.uk/>

### Within school:

In the first instance, you may wish to speak to someone you know well.

Your Assistant of House or Head of House can organise an appointment for you to see a counsellor or you may wish to talk to someone in the Safeguarding Team (Mrs Overfield,



**St Laurence School**  
Care • Inspire • Succeed

**Headteacher**  
Fergus Stewart

**Deputy Head**  
Rachel Purnell

**Address**  
St Laurence School  
Ashley Road  
Bradford on Avon  
BA15 1DZ

**Contact**  
01225 309500  
admin@st-laurence.com  
st-laurence.com

---

Mrs Power, Ms Purnell, Mr Dutton or Mr Penny).