



Parent/Carer Bulletin

12th October 2018

Week A	
15/10	
16/10	Area Cross Country Competition
17/10	Full Governing Body Meeting, 5.30pm
18/10	Y13 reports issued
19/10	
20/10	
21/10	Y8 Lakes Residential Departs

Collective Worship Theme: Loyalty

"There is no greater love than to lay down one's life for one's friends"

John 15.13

Lorraine Marlow, "Spiritual Development Coordinator"

Absence Line/Registration

Y7-13 01225 309501

attendance@st-laurence.com

Note to Parents/Carers Delivering Forgotten Items

If students forget items for the school day, we can put these in to their tutor trays up until 9.30am when they can collect them. If it is after 9.30am and the child is expecting something to be delivered, they can collect the item from Student Reception. The item needs to be given to reception first with the child's name and Registration Group clearly labelled. We do not have the resources to deliver the items, or to make students aware that there are items to be collected; the onus for making students aware of the item delivered and the requirement to collect this, rests with the parent/carers and child.

Update – School Funding Campaign

Schools in Wiltshire, including St Laurence, have been part of the national "Worth Less?" campaign to improve school funding. Following recent headlines, Headteachers across the country hope very much that the Government and the Department for Education, in particular, will stop providing parents and the wider public with misleading information about spending on schools. This week's scathing letter (see link below) to the Department of Education from the UK Statistics Authority underlines all of the points that Worth Less? have repeatedly stated to parents over the past three years.

https://www.statisticsauthority.gov.uk/wp-content/uploads/2018/10/20181008_Sir_David_Norgrove_letter_to_SoS_for_Education.pdf

"I am sure you (The Department for Education) share my concerns that instances such as these do not help to promote trust and confidence in official data, and indeed risk undermining them."

Sir David Norgrove – Head of the UK Statistics Authority (8/10/18)

Frankly, it is entirely wrong to suggest that Government spending on schools is much higher than in other comparable countries, when the Department for Education tries to include spending made by

families on university tuition fees (loans to students) and independent (private) school fees. This adds billions of pounds to headline data but has absolutely no effect on funding received by schools. It is a completely unacceptable way of defending real term cuts.

The Department for Education must now work hard to rebuild trust and credibility. We hope that ministers will put all of their efforts into investing adequately into school funding and supporting much improved recruitment and retention of teachers.

Parents and carers across the country have asked how they can support the drive for improved funding. In light of this we are able to let you know that parent groups have lobbied parliament (10 October) and there will also be a national day of parental action on 19 October. For more information about 19 October, please search #parentsteachersunite on Twitter or Facebook.

We would again like to thank you for your support and confirm that our campaign will remain reasonable and determined with a single goal of ensuring that every school and student receives a much better deal in the near future.

'Contingency Day' for the Summer 2019 Examinations for Year 13 and 11 pupils

The examination boards have designated **Wednesday 26th June 2019** as a 'contingency day' for examinations. This is consistent with the qualification regulators' document *Exam System Contingency Plan: England, Wales and Northern Ireland*. **This means that all exam candidates must be available to sit exams from the start of the exam period in May until Wednesday 26th June inclusive.** This decision is not a school decision and applies to all candidates in all schools. Should contingency day be enforced, and a candidate miss the exam, we would not be able to apply for special consideration and the candidate would score zero in the paper thus impacting their overall grade severely. In short please do not make plans or book a holiday for examination pupils until after this date.

ENGLISH LANGUAGE GCSE

We recommend that parents and carers purchase the Eduqas GCSE English Language **revision workbook** for year 11 students: it contains advice, model answers and example questions for GCSE English Language components 1 and 2.

Ask your local bookshop to order it in for you - the one with the picture of the snowboarder on the cover!

Students who are in receipt of the Pupil Premium will have these provided for them.

St Laurence English faculty

Lost Property

We hold a large volume of lost property, from pencil cases to coats and sports shoes. Some coats have been here for some considerable time. If you suspect that your child is missing items that may have been placed in Lost Property, could you please encourage them to check. The Lost Property room can be accessed on request (via reception), daily, at the end of the school day.



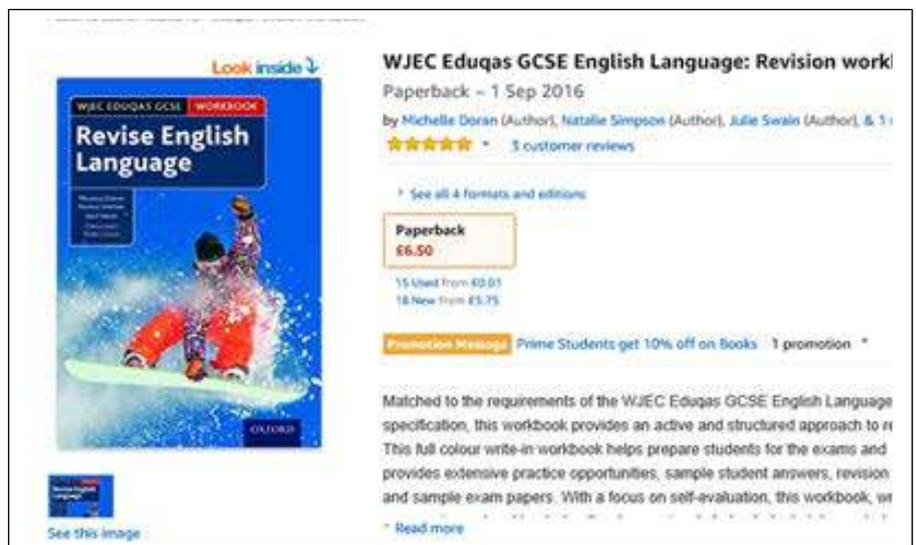
HomeRun

We recently reported about the benefits of registering with the HomeRun app. Parents should use the new link here:

<https://user.homerun-app.com/welcomeParent/4fDkjs0P/St-Laurenc> to register the app on their child's phone. Students are not able to register themselves due to regulations around age and data.

Digital Parenting

We recognise that parents and carers wish to provide digital protection for their children and promote safe usage. As within school, there is a need to combine education with responsible oversight and to impose age appropriate controls over access to online materials and time spent with multi-media devices. Each week we publish an infographic with some excellent examples of advice in respect to discussing e-safety with young people and understanding how to deploy home filtering. We are aware that these might not always reproduce well in this format and recommend that you access the link below to the weekly infographic. When we publish an infographic in future we will also post an accompanying link for you to access the information in larger format. This week's theme is "What parents need to know about online grooming" and can be accessed here <https://2j39y52a62gm1afygb3g1xbu-wpengine.netdna-ssl.com/wp-content/uploads/2018/10/TikTok-Parents-Guide-October-2018-v2.pdf>



Please read the following statement from the Anaphylaxis Campaign

regarding the availability of adrenaline auto-injectors in the UK

We are aware that many people across the UK are experiencing issues when seeking to obtain adrenaline auto-injectors (AAIs), despite having a prescription for these devices and appreciate that this can be very worrying.

The Anaphylaxis Campaign has been in contact with the Department of Health, the Medicines and Healthcare products Regulatory Agency, the pharmaceutical industry and other key stakeholders to raise these concerns. We have contacted Bausch + Lomb UK who distribute Emerade®, Mylan UK who distribute EpiPen® and ALK-Abelló who distribute Jext® for an update on the availability of their AAI devices in the UK. The statements below set out the latest position.

If you have any concerns about your prescription we advise you should speak with your GP or pharmacist, you may wish to take this statement along with you for reference.

Availability of Emerade®

Emerade® is available in three doses; 150, 300 and 500 micrograms (adrenaline tartrate). Emerade 500 micrograms solution for injection (adrenaline tartrate) can be considered for adults in the UK for over 60kg bodyweight depending on clinical judgement. Bausch + Lomb provided us with the following information on

26th September 2018:

Bausch + Lomb is committed to helping ensure that patients have access to the medicines they need, and we are working diligently to help meet increased demand for this medicine.

Over the last 7 months we have seen a large increase in demand for our products due to the supply issues with EpiPen 300mcg and in recent weeks an announcement of supply constraints on EpiPen 150mcg.

We are working with our manufacturing supplier to increase production and produce as many units as possible but will not be able to supply the total demand that is normally delivered by other companies. Currently there is stock of both Emerade 300 micrograms and 500 micrograms solution for injection (adrenaline tartrate) in our UK wholesalers, and stock of Emerade 150 micrograms solution for injection (adrenaline tartrate) will be available on the 27th of September for pharmacies.

You can reach Bausch + Lomb UK customer services via +44 (0)208 781 2920.

Availability of EpiPen®

EpiPen® is prescribed in two doses. EpiPen® 0.3mg, also known as 'Senior', is generally prescribed for adults and children above 25kg in body weight. EpiPen Jr® 0.15mg or 'Junior' is generally prescribed for children between 7.5kg and 25kg body weight.

Mylan provided us with the following information on 27th September 2018:

Extended use for certain lot numbers of EpiPen® 0.3mg

adrenaline auto-injector

This letter is sent in agreement with the Medicines and Healthcare Products Regulatory Agency (MHRA) to inform you of the following:

Summary

Mylan UK have obtained acceptance from the MHRA to extend the use of specific lot numbers of EpiPen® 0.3mg auto-injectors, beyond the labelled expiry date by four months. The affected lot numbers, which have labelled expiry dates between July 2018 and November 2018, are **listed on the Anaphylaxis Campaign website here:**

<https://www.anaphylaxis.org.uk/2018/09/27/important-please-read-our-further-updated-statement-regarding-the-availability-of-adrenaline-auto-injectors-in-the-uk/>

Important: The extended use only applies to the lots of EpiPen® 0.3mg auto-injectors listed on the website. Patients can continue to use the EpiPen® 0.3mg auto-injectors of these specified lots safely until the extended use by date as stated on the website.

This extended use does not apply to EpiPen 0.15mg auto-injectors or any lot number of EpiPen® 0.3mg auto injectors not specified. Patients must continue to adhere to the labelled expiry date on any EpiPen not covered by the lot numbers listed on the website.

Further information on the extended use of the EpiPen 0.3mg auto-injectors and the availability of Jext® can be found on the **Anaphylaxis Campaign website link given above.**

ST LAURENCE SCHOOL NURSE



About me...

My name is Kirsty, and I am one of the Specialist School Nurses in Trowbridge and Bradford on Avon, and amongst others, St Laurence is one of the schools I look after. I am a Paediatric (children's) nurse and I trained at the University of Nottingham and qualified in 2009. I am also a Specialist public health nurse (University of Surrey) which allows me to work in the community with families, young people and schools.

How can I help

In my job I help support families, children and young people with any health needs that they may have. I work with schools to make sure that they are doing everything they can to make sure their pupils are healthy and happy. I also run drop in sessions in secondary schools so that young people can access confidential health advice and support in school.

Confidential means that I will not discuss what the student has told me with parents, school, the student's friends or anyone, unless I

thought that you were at risk of harm, or we decided together that someone else needed to know something. I would also talk to the student first before telling anyone.

Please read on for further for information about how to access appropriate sources of support if your child needs help in any of the circumstances described below.

Things I can help with

Anxiety, stress, depression, self-harm, feeling low, low self-esteem, questions about immunisations, general health advice – illness/injuries etc. Also if you need someone to talk to confidentially about family issues, relationships, friendships, bullying, boyfriend/girlfriend issues. I can also provide advice and signposting on alcohol, drugs and sexual health concerns. Really, there is probably no issue that I won't be able to talk to you about no matter how big or small it may feel to you. I'm here to help and listen.

How to get in touch with me

I run the St Laurence school nurse drop-in on Tuesdays in the meeting room.

Students are free to drop in anytime 12.20-1.50 on Tuesdays

Positive wellbeing group runs 11.20-12.15 on Tuesdays – referral is through pastoral team (Heads of House or Assistant Heads of House)

To make an appointment you can email me on kirstydalton1@nhs.net and I will get back to you as soon as I can (this might not be on the same day).

My office is based at Trowbridge hospital but I'm often out and about in my car. If you want to call me my office number is 01225 618839 – if you leave a message I will get back to you. The school nurse team is available mon-fri, 9am-5pm, term time only.

If you have an urgent medical emergency or need immediate medical care call 112 or 999 or contact your GP.

Sometimes a member of my team may have to cover drop-in for me – but don't worry they are all lovely and follow the same rules of confidentiality.

If you don't need to chat to me but prefer to browse the web for health advice check out these sites that have good, accurate information, you may find what you need here:

[Teen girls health](#)

[Sex worth talking about](#)

[Young Minds](#)

[Children and Young People](#)

[Rise Above](#)

[Young peoples experiences](#)

[HPV Vaccine](#)

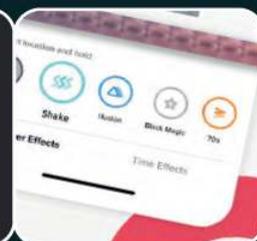
[3 in 1 Booster Questions](#)

[Talk to Frank](#)

[Kooth](#)



TikTok is a global video community where users create, share and discover 'funny and memorable moments' via short video clips – typically about 15 seconds long. Videos can be 'spiced up' with special effect filters, stickers, music and sound clips. Currently one of the world's most popular apps, TikTok was formerly known as Musical.ly, before it was rebranded by the Chinese company that acquired it in November 2017. If your child had previously had a Musical.ly account, all of their videos and personal settings will have automatically been moved to TikTok.



AGE RESTRICTION
13+



What parents need to know about

TikTok

BEING INFLUENCED

More than one third of children aged 6-17 consider 'social media stars' to be among their top role models. There are millions of creators on TikTok, showcasing their 'talents, moments and knowledge', from singing to dancing to stunts and comedy skits, which receive thousands of likes and comments from around the world, quickly turning people into 'stars'. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become swayed by certain opinions.

INAPPROPRIATE SONG LYRICS

TikTok lets users lip-sync to their favourite songs and produce their own music videos. Some of the music choices contain swear words or sexual themes. So not only can children be exposed to potentially inappropriate content but they can broadcast themselves miming or singing these lyrics.

CONCERNING CONTENT

Some of the outfits and dance moves in videos can be overtly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote anorexia, porn, self-harm and violence.

DANGEROUS TRENDS & CHALLENGES

On TikTok, there are always 'trending challenges' and hashtags that users can copy or build upon, and sometimes, these challenges can pose risks to young people.

STRANGERS CAN FOLLOW YOUR CHILDREN

If your child's profile is open, strangers can use the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

IN-APP PURCHASES

Of course, as with many apps, there's a paid element to TikTok. Users can buy virtual coins to be exchanged for virtual gifts – for example, if they like a specific video, your child can use coins to purchase emojis to show approval. These can be expensive and easily purchased – there is the option to buy 10,000 coins for £97.99 with a one-click buy button.

ANYONE CAN SEE YOUR CHILD'S CREATIONS

TikTok encourages users to 'share their passion and creative expression through their videos' and while something may seem fun at the time, videos can get in the wrong hands and cause embarrassment in the future. If posted publicly, anyone in the world can see your child's homemade music video and potentially cause bullying within personal friendship groups or even online.



National Online Safety

Top Tips for Parents



TALK ABOUT THE PITFALLS OF OVERSHARING

Encourage your kids to always think before they do, say, like or post anything online, explaining that their 'digital footprint' can shape their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them.

HANDLING CRITICISM

While it's fantastic to see your child being creative and expressive and bonding with people with similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure they know how to comment respectfully and handle negative feedback. In the app's Privacy and Safety settings, your child can decide who can react to their videos, who can comment, and who can send them private chat messages. We suggest using these settings so only their friends can interact with their posts.



SIGNING UP WITH THE CORRECT AGE

When signing up to TikTok, you are prompted to input your birth date. If your child inputs their age as 'under 13', the app will not allow them to sign up and will be locked for 24 hours. The app is intended for users aged 13+, so explain that the rating is there for a reason; to keep them protected from online dangers. It is actually possible to watch TikTok videos without even creating an account, so it's important to check if your underage child has downloaded the app to their devices.

USE THE 'DIGITAL WELLBEING' SETTING

If you're concerned about the amount of time your child is spending on TikTok, in the app's setting, you can switch on a feature called Digital Wellbeing. This includes 'Screen Management' to limit the amount of time your child spends on the app.

SET THE ACCOUNT TO PRIVATE

This means that only people who you and your child approve of can see their creations. To make an account private, tap the three dots at the top right of the screen to access settings. Click 'Privacy and Safety'. Scroll down until you find 'Private Account' and turn this setting on.

REPORT INAPPROPRIATE CONTENT

If you or your child see something on TikTok that appears to be inappropriate, they can report content in different ways within the app. They can report an account, video, comment or chat conversation by simply tapping 'Report'. In the app's 'Digital Wellbeing' feature, there is also an 'Enhanced Restricted Mode', which limits the appearance of videos that may not be appropriate for all audiences.

AVOID IDENTIFIABLE OBJECTS

To ensure that there's no way of anyone tracking your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

DISCUSS IN-APP PURCHASES

To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's 'Digital Wellbeing' feature, there is the option to disable the function of purchasing coins and sending gifts.

SOURCES: mediapost.com/publications/article/319720/social-media-stars-influence-kids-but-parents-still.html, commonsensemedia.org/blog/parents-ultimate-guide-to-musically/, metro.co.uk/2017/03/17/musical-ly-everything-you-need-to-know-about-the-app-your-children-are-obsessed-with-6516068/, youtube.com/watch?v=aN06s4FCdUs, youtube.com/watch?v=YVGZ1ZQ4JqM, static.musiccdn.com/website/pdf/creatorPlaybook.pdf, youtube.com/watch?v=8TaiQQCNtAM, support.musical.ly/knowledge-base/community-guidelines

For all adopters living in Wiltshire



Wiltshire Adopters – Networking,
Development and Support
is hosting its launch event:

BOOKING ESSENTIAL

www.wearewands.org.uk

admin@wearewands.org.uk

daytime: 07715 370 044

evening: 07506 960 166

FREE Family Fun Day

Saturday 20 October 2018

10am – 4pm

Devizes

Venue confirmed on booking.

Come and find out more about:

Bath Trauma Centre

Inspire Training Group

Wellbeing activities

W.A.N.D.S

Wiltshire Virtual Schools team

Different types of therapies

National Association of Therapeutic Parents

Lots of **FREE** activities

Glitter Tattoos

Sporty fun with In2Sport

Face painting

Art with Little Floss

Bouncy Castle

Fun with Clare's Circus

Bring your own picnic.

Tea, coffee and squash provided.

Indoor eating area.

With funding from

Wiltshire Community Foundation