



The Lakes Trip: Sunday 16th October - Friday 21st October 2016

Dear Parents/Carers,

I am writing to confirm the information I gave you at our meeting earlier this term and to provide final details and instructions.

Arrangements for Sunday morning, October 16th

We have organised this to ease traffic congestion and parking problems. Please do not park in Ashley Road or anywhere which may block the exits for the coaches. Students assemble and report to staff at the times given (no earlier, please) as follows:

<p><u>Ashley Road – Car Park</u></p> <p>Meet at 8:45am. <u>Depart at 9:00am</u></p>	<p>- Coach 1 All ASHLEY students STAFF: <u>Mr O’Leary</u>, Mrs Lown, Ms Salvage, Mr Simpson, Miss Baldy, <i>Ben Hogan, Ollie Huxtable</i></p> <p>- Coach 2 All WESFIELD students STAFF: <u>Dr. Adams</u>, Miss Ellis, Mr Edwards, Mrs Mumford, <i>Charlotte Atkins, Rebecca Hawke, Eve MacCallum</i></p>
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<p><u>Ashley Road – Car Park</u></p> <p>Meet at 9:15am. <u>Depart at 9:30am</u></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Those students who are to meet at 9:15am, please do not arrive before this time – this will give time to get the first group away without too much congestion.</p> </div>	<p>- Coach 3 All HUNTINGDON students plus all students in BUDBURY 7 & BUDBURY 10 STAFF: <u>Mr Jones</u>, Miss Bryer, Miss Eddy, Mr Gant</p> <p>- Coach 4 All CONIGRE students plus all students in BUDBURY 6 & BUDBURY 2 STAFF: <u>Mr Boquet</u>, Miss Powell, Ms Favali,</p> <p>- Coach 5 All students IN BUDBURY 1, 3, 4 ,5, 8 & 9 STAFF: <u>Mrs Power</u>, Mr Watkin, Mrs Christie</p>
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Friday 21st October - All coaches leave Ambleside 9.00 am. Arrive Bradford on Avon approximately 4:00 – 4:30pm. Students will arrive back to the car park where they originally left. There will be at least 2 stops on each journey. Should there be a serious delay with a rival time, information will be put on **the school website**.

MEDICATIONS: If you son or daughter is taking medicines, please can you hand these to the school staff, **CLEARLY LABELLED** and with **WRITTEN INSTRUCTIONS** with the “Administration of Medicines” form from the school website. Under no circumstances should the students have prescription pills, etc. in their luggage, but those with inhalers should keep these with them. If you son or daughter is liable to be travel sick, please ensure that they take the ir medication before they leave and bring sufficient for the week.

NUT ALLERGY AWARENESS
We have several students with severe nut allergies. As a result we are requesting that on all coaches students **do not bring, consume or purchase at service stations products containing nuts** due to the danger of trace elements being recycled through ventilation systems. All Learning Groups will be asked to exercise similar caution during the week



Equipment reminders – Please follow instructions already issued

Luggage space on the coach will be restricted. Please limit your child to one suitcase, clearly labelled. This will be stowed and should be a size and weight that they can easily move.

A small rucksack/day bag containing items needed for the journey and suitable for daily use; **Lunchbox containing food & drink** in a **plastic sports water bottle (1 litre)** is necessary for carrying liquids, especially on the Mountain Walk. Personal music/entertainment devices may be taken on the coach. They must be clearly named - we cannot accept responsibility for their loss or damage. Please encourage your child to take care of them.

ALL CLOTHING AND EQUIPMENT should be CLEARLY MARKED. It is helpful for them to have a written description of boots and waterproofs. Loops of brightly coloured material are a good way to distinguish items – there will be 230 other sets in the drying room.

Cameras, if brought, must be marked and are the responsibility of the students at all times.

Plastic bags for wet and dirty clothing

A cheap wristwatch

A metal flask for hot drinks – on the mountain walk day students will have the option of having a flask filled with a hot drink

All pupils will need their own towels and toiletries etc. (**but no aerosol deodorants**) and suitable clothing for the hostel. All clothing needs to be suitable for purpose in the working environment we will be in for the week; this applies to both in and out of the hostel. All bedding will be provided by the hostel (**except for those who are specifically asked to bring a sleeping bag. Students have been informed and the list is on SMHW**).

Pocket money - **an absolute maximum of £25** in a secure named purse or money wallet. Some small change is useful. It is not necessary to bring other valuables or jewellery

No pupil may bring a mobile phone ~ any we find will be removed and handed back at the end of the week. No chewing gum will be allowed on the trip.

We will be staying at **Amble side Youth Hostel, Amble side, Cumbria LA22 0EU, Tel: 015394 32304** (to be used **only in a dire emergency**).

School Mobile contact number for the week 07847326409 (please only use for emergency calls. Please send any other essential but non emergency calls via school and we will contact you.

SUNDAY SCHEDULE IN OUTLINE

1. Depart St Laurence – as specified
2. Arrive Amble side - 4pm approx.
Timings depending on arrival time
3. Allocate Rooms & unpack
4. Full group meeting
5. Dinner
6. Learning Group Time
7. Evening Activity Time
8. Packing for Day 1
9. Sleep

We are all looking forward to an exciting and challenging week.

If there are any questions still left unanswered, please contact me on edwin.evans@st-laurence.com

Yours sincerely

Mr Evans

Trips Leader,

Head of Humanities Faculty.