

6th Form Core - PSHE & CEIAG

At St Laurence School PSHE & CEIAG are taught under Core at KS5;

CORE = Change, Opportunity, Resilience and Engagement.

This is where our CEIAG and PSHE curriculums work harmoniously to offer a broad, balanced and inclusive curriculum. We have a weekly timetabled lesson for year 12 and 1 fortnightly lesson for year 13, across the full academic year. Our curriculum encompasses all the vital knowledge and skills students need for school and beyond. We aim to prepare and guide our students to achieve their potential by supporting their wellbeing as well as considering the full range of next step opportunities that exist Post 18. Finally, we consider how metacognition allows us to reflect on how students learn in order to develop and improve every student's attainment.

Our bespoke sixth form PSHE schedule allows students to access a range of talks, presentations, workshops and enrichment opportunities which help and guide them through Sixth Form life and prepare them for life beyond. At the heart of our programme is the objective to nurture our students' personal, social, moral and cultural dimension whilst in our care.

6th Form Core offers advice on a full suite of areas such as: Health & Well Being, Consent, Misogyny, Finance skills and also has a clear focus on guiding students through examinations by reinforcing study skills and the importance of personal organisation. In the first few weeks we focus on developing a Sixth Form mindset and picturing what students want to achieve with us. Core Tutors are a key part of delivering our Sixth Form mentoring programme, which forms an important part of our schedule, where students review, discuss and promote their progression, both pastorally and academically through one to one interviews with their tutor. We offer talks and presentations from charities, volunteering groups and external agencies to help students engage with society in a positive way. Coming together regularly as a year group also engenders a team spirit - a sense of community and belonging, where we can celebrate achievement in the spirit of our school's values.

RSE within the CORE Curriculum:

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- To give pupils an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- To keep themselves safe
- To be able to access support and guidance to support their development

Our RSE contents starts to be delivered to pupils at KS3, as pupils move throughout the school the content is built on, consolidated and developed in an age appropriate way. Our RSE curriculum promotes healthy resilient relationships set in the context of character and virtue development. RSE at St Laurence School reflects our core values of Care, inspire, succeed, and is developed in line with the advice contained within 'Valuing all God's Children', published by The Church of England Education Office. Based on our school's values our RSE curriculum seeks to develop character within a moral framework based on virtues such as honesty, integrity, self-control, courage, humility, kindness, forgiveness, generosity and a sense of justice but does not seek to teach only one moral position.

RSE promotes reverence for the gift of human sexuality and encourage relationships that are hopeful and aspirational.

Our RSE curriculum will seek to build resilience in our pupils to help them form healthy relationships, to keep themselves safe. It will give pupils opportunities to reflect on values and influences including their peers, the media, the internet, faith and culture that may have shaped their attitudes to gender, relationships and sex. It will promote the development of the wisdom and skills our pupils need to make their own informed decisions.

Our RSE curriculum is based on honest and medically accurate information from reliable sources of information, including about the law and legal rights. We aim to distinguish between different types of knowledge and opinions so that pupils can learn about their bodies and sexual and reproductive health as appropriate to their age and maturity.

St Laurence School's RSE curriculum endeavours to take particular care to meet the individual needs of all pupils including those with special needs and disabilities. It will ensure that lessons and any resources used will be accessible, sensitive and inclusive to the learning needs of the individual child.

Careers Education. Information, Advice and Guidance (CEIAG) is essential to our offer. We pride ourselves on our bespoke programme which prepares students for so much more than just a job and university applications. We develop soft skills and general employability skills so that students will be successful once they make that next step beyond Sixth Form.

Widening participation is a huge part of our sixth form and we aim to get every student throughout the two years on to a clear and successful Destination path. This is to aid in securing meaningful destinations post 18. We run an in-house Oxbridge, Medicine, Veterinary and Dentistry group as well as other key groups such as Psychology and Sociology seminars where we host regular visiting speakers, have access to university resources and prepare students for interview.