WEEK COMMENCING

(V) - VEGETARIAN
(VE) - VEGAN

02/09/2024 23/09/2024 14/10/2024 04/11/2024 25/11/2024 16/12/2024 06/01/2025
27/01/2025 17/02/2025 10/03/2025 31/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn	**MONDAY** Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)
TUESDAY Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread	**TUESDAY** Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)
WEDNESDAY Glazed British Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravy	**WEDNESDAY** Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)
THURSDAY Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa	**THURSDAY** Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	**FRIDAY** Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Apple Strudel & Custard	Peach Kuchen	Pear & Cocoa Sponge	Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (VE)	Pakistani Tarka Dhal (VE)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

WEEK COMMENCING

09/09/2024 30/09/2024 21/10/2024 11/11/2024 02/12/2024
23/12/2024 13/01/2025 03/02/2025 24/02/2025 17/03/2025

(V) - VEGETARIAN
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
MONDAY Traditional Sausage & Mash with Onion Gravy	**MONDAY** Vegan Sausage & Mash with Onion Gravy (VE)
TUESDAY Creamy Garlic Chicken & Mushroom Pasta with Garden salad	**TUESDAY** Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (V)
WEDNESDAY Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy	**WEDNESDAY** Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)
THURSDAY Smokey Beef Chilli Con Carne with Rice, Nachos & Corn	**THURSDAY** Smokey Plant Based Chilli with Rice, Nachos & Corn (V)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	**FRIDAY** Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Pie & Custard	Peach & Pineapple Crumble	Sticky Coconut & Jam Pudding	Baked Churros with Chocolate Sauce	Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Caramelised Onion & Mozzarella Poutine	Gochujang Chicken & Sesame Rice Pot	Mei Goreng Indonesian Fried Noodles	Korean Fried Crispy Chicken	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reggae Reggae Jackfruit Curry (VE)	Spiced Paneer & Red Onion Naan (V)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

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WEEK COMMENCING
26/08/2024 16/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024 30/12/2024 20/01/2025 10/02/2025 03/03/2025 24/03/2025

(V) - VEGETARIAN
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY
Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY
Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY
Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY
Chicken Bhuna with Pilau Rice & Homemade Raita

FRIDAY
Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY
Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

TUESDAY
Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

WEDNESDAY
Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

THURSDAY
Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

FRIDAY
Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pineapple Upside Down Cake	Warm Blueberry Sponge	Dropped Pancake Bar	Apple & Mixed Berry Crumble with Vanilla Sauce	Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Style Vegan Noodles (VE)	Chipotle Chicken Chimichanga	Loaded Mediterranean Street Cart Wedges	Thai Fried Rice	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fork Friendly Falafel Kebab (V)	Smoked Tofu & Caponata Burger (V)	Seeded Vegan Sausage Roll (VE)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

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